

Bullying and Conflict

What is Bullying?

1

Definition: Repeated behavior meant to cause harm, fear, or distress.

- Physical: Pushing, hitting.
- Verbal: Name-calling, threats.
- Social: Exclusion, rumors.
- Electronic: Online harassment.

2

What is Conflict?

Definition: A disagreement or misunderstanding between people.

- Resolution: Seek help to resolve conflicts peacefully.

4

What Can You Do?

Report Bullying: Tell a trusted adult.

- Resolve Conflicts: Seek help to resolve disagreements peacefully.

Remember:

Everyone deserves respect and kindness. Let's create a safe and supportive community!