



## Message from Admin

As we begin the second semester, we are excited for the new opportunities and experiences that await our students. This is a great time to reflect on the past few months and look ahead to the next chapter in their educational journey.

### **Grade 12 reviews and check-ins for graduation**

Now that we are into semester 2 grade 12's need to make sure they are on track to graduate. Admin and Career Counsellor will be reviewing students as well. Diploma exam results should be in by February 12th, those who did not go into the exams with high marks should be vigilant in case a pivot is needed to gain credit. Any questions please see your alpha group admin or the career counsellor.

### **Important Dates: Teachers' Convention – February 13 & 14**

A quick reminder that Teachers' Convention will take place on February 13 & 14. During these two days, our teachers will be participating in professional development sessions to enhance their skills and continue providing the best learning experience for our students. Please note that there will be no school on these days, so make sure to plan accordingly.

### **February 9-15 is Random Acts of Kindness Week!**

February is recognized as Random Acts of Kindness Month, a perfect time to spread kindness and make a positive impact on those around us. It's a wonderful opportunity to teach our students the value of giving and how small gestures can make a big difference. Here are some ideas for random acts of kindness that can be done at home, school, or in the community:

- **At Home:** Write a heartfelt note or create a drawing for a family member, help with household chores without being asked, or leave a positive message on a sibling's or parent's desk.
- **At School:** Compliment a classmate, offer to help a teacher or peer with their schoolwork, or include someone who may be feeling left out at lunch or in activities.
- **In the Community:** Hold the door open for someone, thank a local business owner or essential worker, or donate to a charity or food bank.

Become a RAKtivist – <https://www.randomactsofkindness.org>

We encourage everyone to take part in Random Acts of Kindness Month and spread positivity throughout our school and community. Small actions can have a lasting impact!

## Tips for Connecting with Teachers and Supporting Students at Home

Effective communication with your child's teachers can make a big difference in their academic success. Here are a few tips to help you stay connected and support your child's learning:

- **Set up regular check-ins:** Reach out to your child's teachers if you have any concerns or if you would like to know more about your child's progress. Open lines of communication are key.
- **Create a designated study area:** Encourage your child to have a quiet, clutter-free space where they can focus on their schoolwork.
- **Establish a routine:** Set aside specific times each day for homework and study. Consistency helps students stay organized and manage their workload.
- **Offer support and encouragement:** Be involved in your child's education without doing the work for them. Praise their efforts and provide help when they need it, but allow them to take ownership of their learning.

## Study Tips for Students

As we move into the second semester, it's a perfect time for students to revisit their study habits. Here are a few tips to help them succeed:

- **Stay organized:** Use a planner or digital calendar to track assignments, tests, and deadlines.
- **Prioritize tasks:** Break assignments down into smaller tasks and tackle them one step at a time.
- **Take breaks:** Remember to take regular breaks to refresh your mind, especially during long study sessions.
- **Stay positive:** A positive mindset can go a long way in reducing stress and staying motivated.

## A Big Thank You to Our Generous Donors

We would like to extend our heartfelt thanks to two amazing community supporters who have made a significant impact on our school:

- **Royal LePage County Realty:** Thank you for your incredibly generous donation of 18 Ti-84 calculators. These calculators will greatly enhance the learning experience for our math students, and we are so grateful for your support.
- **Athabasca Veterinary Services:** A huge thank you to Athabasca Veterinary Services for their donation of \$1,500 to the EPC Hockey Academy. Your contribution helped cover unexpected expenses due to weather-related travel delays following the Edmonton Oilers hockey game.

Your generosity makes a big difference in our school community, and we are deeply appreciative of your ongoing support.

Here's to a fantastic second semester full of growth, learning, and success!

EPC Admin Team

### What's In This Months Issue:

- [Upcoming Events](#)
- [News](#)
- [School Info](#)

### Contact us

780-675-2285

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Athabasca,  
AB  
T9S 0A3

### EPC Administration

#### Principals

Brenna Kowalchuk (M-S)

Sean Morrison (G-L)

#### Vice Principals

Ryan Mann (A-F)

Lee Zinnick (T-Z)

# FEBRUARY





Monday

Tuesday

Wednesday

Thursday

Friday

3  Day 2	4  Day 1	5  Day 2	6 Sr. High Ski Trip  Day 1	7 Sr. High Ski Trip  Day 2
10 Build A Button Day School Council & Fundraising Meeting Day 1	11  Day 2	12  Day 1	13  Teachers' Convention	14  Teachers' Convention
17  Family Day	18  Day 2	19  Day 1	20  Day 2	21  Day 1
24  Day 2	25  Day 1	26 Pink Shirt Day 	27 Board of Trustees Meeting  Day 1	28  Day 2



# NEWS



EPC would like to extend a HUGE thank you to The Royal LePage Realtors for their donation of 20 new Ti84 calculators! These calculators will be available for students to use/borrow while taking a high school mathematics course. The Royal LePage Realtors take a portion of their commission for every transaction to put back into our community. "We are thrilled to be able to help EPC start this new program with the Ti84 calculators." We are so grateful for this generous donation and know it will go a long way to help many students for a long time! Thank you!

**Athabasca Family Center**

# **YOUTH CLUB EPC**

**MUST REGISTER TO JOIN**

**Limited spots available  
3:30 pm to 5:00pm  
Location: Room 109F EPC**

**FUN**

**Wednesday February 12, 2025  
Craft - Resin Keychain**

**Wednesday February 26, 2025  
Workshop - Executive Functioning**

**Students Grade 7 to Grade 9 only**

**To register contact FCSS  
phone: (780) 675-2623 or  
email: [apotts@athabascacounty.com](mailto:apotts@athabascacounty.com)**



Fifteen French immersion students from EPC will embark on an exciting week-long exchange to Plessisville, Quebec from Feb 18-25th. This cultural and linguistic experience will allow students to immerse themselves in the rich Québécois culture, improve their French skills, and build lasting connections with their exchange partners. In return, students from Plessisville will join us in Athabasca this May, where we'll proudly showcase our community, traditions, and local charm. This exchange is an incredible opportunity for students to deepen their appreciation of Canada's diversity while forging lifelong memories.





If you have a graduate from the class of 2024, there is a Grad package available for them to collect at the front office. This package includes various items to celebrate their accomplishments, such as a certificate and a class photo.

Save with Save on Foods fundraising is now happening at EPC. When you purchase Save on Foods gift cards through EPC, your family will earn 10% back in fundraising money. This money can be used towards non-curricular fees that your child may have: yearbooks, sports, student council fees, grad fees, travel. This money will stay with your child until they leave EPC at which point the remaining balance will be transferred to our Food for Thought program.

Save on Foods gift cards can be purchased at EPC's business office or at the Athabasca Alberta Treasury Branch (ATB).

Family and friends may also purchase Gift Cards for your family.

The logo for Save on Foods is displayed on a bright green rectangular background. The word "save" is at the top in a white, rounded, lowercase font. Below it is a white circle containing the word "on" in a green, lowercase font. At the bottom, the word "foods" is written in a white, rounded, lowercase font.



**OUR FOOD CLASS IS IN  
NEED OF EMPTY  
CONTAINERS WITH LIDS.  
IF YOU HAVE ANY TO  
SPARE, PLEASE FEEL FREE  
TO DROP THEM OFF AT  
THE OFFICE.**



Telus Wise Parent Workshop Help youth navigate the digital world safely. TELUS Wise® Parents Workshop covers screen time, gaming, cyberbullying, & more.

[Telus Wise Parent Workshop](#)



**TELUS Wise®  
Parents Workshop**

*Supporting Youth in  
Our Digital World*

If you're interested in purchasing a yearbook for the 2024-2025 school year, please send an email to [epcsecl@asperview.org](mailto:epcsecl@asperview.org).

**YEARBOOK**



The grade 9's had a wonderful time at Tawatinaw Valley Ski Hill this past Tuesday! It was beautiful outside and the students had a ton of fun!



Ms. Protz's Chemistry 30 students had the opportunity to participate in a lab experiment at Athabasca University. With instruction from Dr. Lawton Shaw and Carmen Allen, students performed a titration of vinegar with sodium hydroxide. They were excited to use the University's lab equipment including pH meters and magnetic stirrers. Students will use the data collected in the lab to graph titration curves, identify equivalence points, and calculate the molarity of vinegar. Science Outreach - Athabasca Athabasca University





Athabasca  
University  
Library and  
Scholarly Resources



# AU LIBRARY ORIENTATION



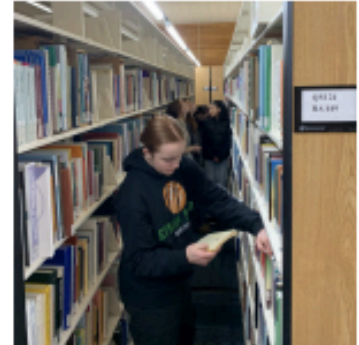
January 24 & 25, 2025



ELA 9A & 9B + ELA 9 FRENCH IMMERSION FIELD EXPERIENCE

In an effort to give students early exposure to the research process, Backs and Romanko's ELA classes headed to the Athabasca University Research Library to learn more about AU's collection and academic research.

Thank you to Athabasca University Managing Librarian, Joanna Nemeth, for offering this amazing community outreach experience.



EPC Library and AU Library hope to offer more opportunities like this in the future. Stay tuned!

We choose

# KIND NESS

PROUD SUPPORTER OF  
PINK SHIRT DAY CANADA

feb  
26<sup>2025</sup>

W I T S  
PINK  
SHIRT  
DAY  
CANADA

[pinkshirtdaycanada.ca](http://pinkshirtdaycanada.ca)

# Career Counsellor's CORNER

It is that time of the year for applying to post-secondary schools. If you would like to set up your MyPass and Apply Alberta accounts, please come see Mrs. Holdis.

## Links:

MyPass:

<https://public.education.alberta.ca/PASI/myPass/welcome>

Apply Alberta:

<https://www.applyalberta.ca/>

# 2025 Graduation

Grade 12 students can join the Graduation Committee to help with the details. Please see Mrs. Holdis or Mr. Zinnick to sign up.

Next Meeting will be on Wednesday February 5th. Come out and help plan

Grad photos are March 10-13th . More information will be shared closer to the date.

## Aspen View Public Schools Career Fair 2025



Aspen View Public Schools along with Edwin Parr Composite School, Boyle School, H.A. Kostash School, Thorhild Central School and Vilna School invite you to participate in our second annual Career Fair. Our objective is to provide students exposure to careers and jobs they may not have much information about or experience with. With your expertise, we are hoping that you will be able to be a major player in the day's event.



**Date**  
23 April, 2025  
**Time**  
9:00am - 3:00pm  
**Location**  
Athabasca Regional Multiplex  
Athabasca, Alberta

Learn More and RSVP to the event

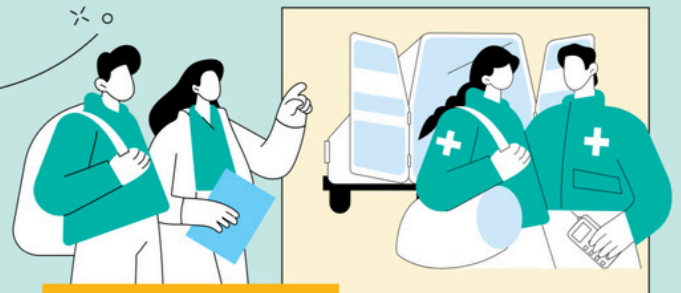


North Contact  
Crystal Holdis  
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780-675-2285 Ext 4



South Contact  
Ashley Bodnar  
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780-656-3820

LET'S GO RURAL!



How Do I Get There?

## EMERGENCY MEDICAL SERVICES (EMS)

**TUESDAY, FEBRUARY 11, 2025  
6:00 PM**

This free interactive Zoom session is available to rural Alberta high school students, parents, and teachers.

Join us to learn more about a career as a paramedic after high school. In this session, ask questions and engage in conversation around education pathways with representatives from the Alberta Health Services Emergency Medical Services, the Alberta College of Paramedics, and Northwestern Polytechnic. Hear firsthand experiences that will inspire you to take the next step towards your dream career.



Scan to register.



**RhPAP.ca** | [info@rhpap.ca](mailto:info@rhpap.ca)

This free interactive Zoom session is available only to rural Alberta high school students.  
\*Financial contribution for RhPAP has been provided through Alberta Health

# School Info



## 2024 2025 Junior High Bell Schedule

**Period 1** 8:40-9:20

**Break** 9:20-9:25

**Period 2** 9:25-10:05

**Break** 10:05-10:10

**Period 3** 10:10-10:50

**Break** 10:50-10:55

**Period 4** 10:55-11:35

**Lunch** 11:35-12:15

**Period 5** 12:15-12:55

**Break** 12:55-1:00

**Period 6** 1:00-1:40

**Break** 1:40-1:45

**Period 7** 1:45-2:25

**Break** 2:25-2:30

**Period 8** 2:30-3:10

## 2024 2025 Senior High Bell Schedule

**Block 1** 8:40-10:05

**Break** 10:05-10:10

**Block 2** 10:10-11:35

**Lunch** 11:35-12:15

**Block 3** 12:15-1:40

**Break** 1:40-1:45

**Block 4** 1:45-3:10

Creating Community

# School Info



## **POWER SCHOOL APP**

Power School provides real-time access to:

- Attendance
- Grades
- Assignments & Scores
- Standards Progress
- School Announcements
- Teacher Comments
- Grade Point Average
- Fee Transactions & Balance.

You can also use PowerSchool to register to receive email alerts for grades, attendance, assignments and more.

## **LOST AND FOUND**

Please remember to check the lost and found by the bus doors for missing items and also at the front office.

