

Registration Guide


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## Services



## Student Services

The role of Student Services is to serve students, parents and teachers in such a way that each student has the opportunity to be successful in his or her educational development. Student Services offers the following services:
First Nations, Metis and Inuit (FNMI)
Here at EPC, we work together with First Nations, Metis and Inuit (FNMI) communities, elders, parents, teachers and other education stakeholders to best meet the needs of FNMI learners.

## Well Being Counseling:

Well Being Counseling offers the following services to students:

- Crisis counseling
- Personal/peerffamily counseling
- Referrals to School Team
- Referrals to community agencies

Career/Academic Counseling:
Offers the following information and services to students:

- My Blueprint
- Registration information
- Course selections
- Program planning
- Diploma requirements Timetables
- Off campus evaluations
- Attendance/achievement referrals from students, parents, \& teachers
- Career investigations
- Interest and Aptitude testing
- Post-secondary information
- Scholarships \& Awards student loans
- School to work transitions
- Volunteer Opportunities \& Student Exchanges


## Course Information

Course Credits: Each course is assigned a credit value (usually 3 for half courses and 5 for full courses) as determined by Alberta Education. To receive credits in a course, a student must achieve a mark of $50 \%$ or higher.

Course prerequisites: Prerequisites for each course are outlined in this guide. Course standings are reported as percentages

Provincial Exams: Any student who is enrolled in English $30-1$ or 30-2, Mathematics 30-1 or 30-2, Social 30-1- or 30-2, French LA 30, Science 30, Biology 30, Chemistry 30, or Physics 30 must write a provincial diploma exam in the subject.
The final mark will be a combination of the school mark and the provincial exam mark. Provincial diploma exams are written in January, June and August on a schedule set by Alberta Education

Course Variety: Our course offerings are as varied as possible; however, sufficient demand must exist before a section is actually established. You should make alternate choices for elective courses wherever possible. Students who do not successfully complete a course in the first semester may not be able to repeat it in the second semester



## Course Load

## Credits \& Student Course Load

To obtain credits, students must obtain a grade of $50 \%$ or higher in their courses in Grade 10, 11 and 12. A student must earn a mark of $50 \%$ in a course before proceeding to the next level of that course.

For example, students need to complete English 10-2 before taking English 20-2. English 10-2 is the prerequisite for English 20-2. Select your courses by determining which courses you intend to graduate with and working back to their prerequisites. For example, if you want to graduate with English 30-1, you will probably take English 20-1 in Grade 11 and English 10-1 in Grade 10.

In some courses, you are required to write diploma examinations. Your final marks in these courses are the average of the schoo based grade and your results on the diploma examination.

## Students are required to carry the following

 course load- Grade 10 (first year of high school) students must have a full course load- no spares.
- Grade 11 (second year of high school) students must have a full course load- with one spare.
- Grade 12 students (third year of high school with at least 70 credits on September 1st) are allowed to maintain a spares
their final year but emphasis should be on completing the requirements for graduation. Please check university and college requirements before you schedule spares. Spares should be used to study, complete homework and improve grades.
- Third year students who do not have 70 credits as of September $1^{\text {st }}$ or those who do not have passing marks in grade 11 level Social Studies and English must meet with a counselor in Student Services to develop an education plan contract that meets Alberta High School graduation requirements.


## Core Classes

Courses in English, Social Studies, Mathematics and Science are offered at several levels.

- Courses numbered $10-1,20-1,30-1,10,20,30$ and 31 are designed primarily for students planning on entering a university or certain programs in colleges and technical schools.
- Courses numbered 10-2, 20-2, and 30-2 are designed primarily for students planning on entering certain programs in colleges, technical and trade schools or getting a job.
Courses numbered 14-24 are designed primarily for students planning on getting a job immediately after graduation.
Your junior high marks are usually the best indicator of how you will do in high school; it is always possible, with effort, to improve them.


## Elective Courses

Elective courses offer you a chance to broaden your knowledge by studying a variety of subjects. Some elective courses will help you build skills that will help you get and keep a job. Approximately 25 to 35 credits of study in a particular area could provide a basis for getting a job. This includes fine arts, CTS, Phys. Ed, Second Languages and many other courses.
Science and Math courses at a 30 level can be considered to be elective courses. Make sure to check and see if the post-secondary school you are planning on attending requires all 3 sciences and a math. Often this is not the case unless you are planning on taking engineering or medicine.



## High School course withdrawals and transfers

Students should carefully choose their courses when registering so as to keep transfer and withdrawal requests to a minimum.

Students asking to transfer or withdraw classes must ensure that their timetable still meets the minimum requirements for their grade

Students may transfer courses in the first two weeks of each semester, after consultation with one of the Career Counselors.

Students who are failing a course at the mid-term point should discuss their situation with their teacher and their parents. Students may drop a core course only with parental approval, and only if the student can still meet the program requirements listed above. This may mean the enrolment in a Virtual School course or CTS course. A "W' for withdrawal for courses or an INC for incomplete CTS courses will appear on the students' transcript.

Students should not drop a class if they intend on taking the course in the next semester or next year. Students are encouraged to repeat the course to improve their mark.

## Alternate Delivery Modes at EPC

Students take their courses through classroom delivery. We expect each student in Grade 10 and 11 to have a full timetable. However, we do offer courses outside of the regular time schedule and outside the regular boundaries of the school campus.

## After hours courses

A number of courses at Edwin Parr Composite School are offered in the evening, after school or during weekends. These courses vary from year to year.

## Off-Campus Education

Grade 11 and 12 students (and Grade 10 students in the Knowledge \& Employability Program) can take courses that require time spent on work sites in the community. These can be during school time or outside of school time, depending on the situation Credits are based on the number of hours spent at the work site ( 25 hours $=1$ credit). Evaluations are based on the student's success at work as determined jointly by the employer and the supervising teacher. Refer to the section on the RAP program and Tech. Prep., the course descriptions for Occupations in the Knowledge \& Employability Program section

## Centre for Alternative and Virtual Education

 (CAVE)
## Outreach and Virtual School

The Centre for Alternative and Virtual Education (CAVE) is a facility for students under 20 years of age to complete their high school education in a flexible, self-paced environment. The CAVE offers both on and off campus courses. The school is designed to provide students with high quality programming through alternative forms of instruction. The CAVE utilizes Moodle (a course management system that includes grade book, quizzes, and private email on-line) to deliver the courses to the students. All courses are administered by a team of certified teachers who have an assigned group of students, as they would if they were working in a conventional setting.

The CAVE is primarily used to give students an opportunity to: Take courses that they could not fit into their schedules Take courses that are not offered by classroom instruction Take courses outside of the regular classroom

Students may register throughout the school term. All courses must be completed prior to the last day of classes in each semester. For more information please visit the CAVE website at: http://www.aspenview.org/virtual/ where you can find contact information and registration forms.


## Home Schooling

Students who wish to receive their full education at home may do so through Edwin Parr Composite School. Students and parents should first meet with a member of the administration to register the student. The student will receive instruction through the Alberta Distance Learning Centre (Barrhead), using their materials and instructors. Home education students registered at Edwin Parr Composite School are considered Edwin Parr Composite School students and therefore are allowed to participate in extra curricular activities such as sports teams, trips, or dances. Home education students also have access to school resources such as the library and counseling services, within normal operating procedures. They also must pay the same school resource fees as other students.

Summer School
Should there be a sufficient number of requests for a course and a teacher interested in giving instruction, select courses might be offered during the summer months.

## Course Challenges

Course challenges allow students who have completed course related work, and can demonstrate that they possess the
Knowledge, skills and attitudes required to go through a formal assessment. This will most likely involve writing an exam and completing other assignments. Students must present evidence showing their understanding of the course work before they request a course challenge.

The following courses cannot be challenged

- Physical Education Courses
- CALM 20
- Courses that have already been failed. (These courses must be taken again.)
- Courses at a lower level than the student has achieved

Note: Courses most commonly challenged are French 10, 20 and 30, by French Immersion students.

## Registered Apprenticeship Program (RAP)

The Registered Apprenticeship Program is an apprenticeship program that permits high school students to become a first year apprentice and receive an Alberta High School Diploma while attending high school. Students can enter the RAP program through two routes.

Careers the Next Generation: Students apply to the RAP coordinators and are selected based on a personal interview, attendance ( $95 \%$ or better) and school average ( $65 \%$ or better). Students are placed with employers by the Careers Next Generation staff. These students must do a 125 -hour trial period before they are signed up as an apprentice.

RAP Students find their own apprenticeship (possibly including family or friends as employers). They then make arrangements with the RAP coordinator to have their program formalized. Students must maintain a passing average in all courses and be progressing at a reasonable rate to graduate.

The RAP apprentice is a full-time high school student. A RAP apprentice accumulates hours of on the job training as credit toward a high school diploma. Students may begin the process of entering RAP in Grade 10. It is recommended that students who wish to take RAP in Grade 11 and 12, take CALM 20 in Grade 10.

If you want more information on RAP, talk to Mr.
Morrison.

## OVER

45
Trades to choose from

## Planning your Program

Step 1: Know Your Needs and Goals
Students registering in high school should have an educational goal in mind so that choosing courses is a meaningful process. If educational goals are not defined, students should register in the highest level of academic courses in which they can succeed. Students should try to choose high school courses which reflect their junior high achievement.
Thinking ahead helps you plan better!
Academic Programs
(opens all doors if marks are high enough)


General Programs
(some restrictions for post-secondary entrance will apply)


K \& E Programs
K\&E Courses are available to students in grades 8-12 who meet specific educational criteria. The courses are intended to provide students with opportunities to experience success and become well prepared for employment, further studies, active citizenship and lifelong learning

Knowledge and Employability Courses are designed to provide entry-level employment skills for students who have expressed a goal of leaving school before earning the requirements for a senior high school diploma. Some students may transition successfully from Knowledge and Employability Courses to other courses to achieve a senior high school diploma or to continuing education and training opportunities; e.g. some colleges, and apprenticeship programs. Reviewing each student's learning plans on an annual basis and adjusting their goals and courses as needed are important parts of the process.


## Programs at a Glance

Please take the time to plan your high school years. Your teachers, parents, Student Services or principal can tell you more about planning your future with a specific goal in mind. You can also use this planner to record the courses you complete and see if you meet the graduation requirements. This planner is for students in regular programs. Students in Knowledge and Employability Program, RAP or Tech. Prep. should see Student Services.

| Required High School Diploma Courses |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Grade 10 | Credits | Grade 11 | Credits | Grade 12 | Credits |
| English |  |  |  |  |  |
| English $10-1$ | 5 | English $20-1$ | 5 | English 30-1 | 5 |
| English $10-2$ | 5 | English $20-2$ | 5 | English 30-2 | 5 |
| Social Studies |  |  |  |  |  |
| Social Studies 10-1 | 5 | Social Studies 20-1 | 5 | Social Studies 30-1 | 5 |
| Social Studies 10-2 | 5 | Social Studies $20-2$ | 5 | Social Studies 30-2 | 5 |
| Mathematics |  |  |  |  |  |
| Math 10-C | 5 | Math 20-1 | 5 | Math 30-1 | 5 |
|  |  | Math 20-2 | 5 | Math 30-2 | 5 |
|  |  |  |  | Math 31 (calculus) | 5 |
| Math 10-3 | 5 | Math 20-3 | 5 |  |  |
| Sciences |  |  |  |  |  |
| Science 10 | 5 | Science 20 | 5 | Science 30 | 5 |
|  |  | Science 24 | 5 |  |  |
| Science 14 | 5 | Biology 20 | 5 | Biology 30 | 5 |
|  |  | Chemistry 20 | 5 | Chemistry 30 | 5 |
|  |  | Physics 20 | 5 | Physics 30 | 5 |
| Physical Education |  |  |  |  |  |
| Phys. Ed 10 | 3-5 | Phys. Ed 20 | 5 | Phys. Ed 30 | 5 |
| Career \& Life Management |  |  |  |  |  |
| CALM 20 | 3 | Note: CALM can be tak your Grade 10 year. | point in H | ol. However it is reco | t you take |

Keep the following in mind... To graduate you need the following programs as a minimum requirement for graduation and only equates to 58 credits ( 56 if you took at 3 credit Phys. Ed):

- English at a 30 level Social Studies at a 30 leve
- A 20 level Math

A 20 level Science



## The Knowledge and Employability Program Information

K\&E Courses are available to students in grades 8-12 who meet specific educational criteria. The courses are intended to provide students with opportunities to experience success and become well prepared for employment, further studies, active citizenship and lifelong learning. Knowledge and Employability Courses include and promote:

- Workplace standards for academic, occupational and employability skills.
- Practical applications through hands-on and off-campus experiences and/or community partnerships.
- Career development skills for exploring careers, assessing career skills and developing a career-focused portfolio.
- Interpersonal skills to ensure respect, support, and cooperation with others at home, in the community, and in the workplace.

Knowledge and Employability Courses are designed to provide entry-level employment skills for students who have expressed a goal of leaving school before earning the requirements for a senior high school diploma. Some students may transition successfully from Knowledge and Employability Courses to other courses to achieve a senior high school diploma or to continuing education and training opportunities; e.g. some colleges, and apprenticeship programs. Reviewing each student learning plans on an annual basis and adjusting their goals and courses as needed are important parts of the process.

## Course Sequences

Students in the K \& E program have the option of completing all of their courses in the K \& E stream. Or, they may take a mix of $K$ \& $E$ courses and regular stream courses (for example: English 10-4 \& Math 14). Please refer to the required course list and course sequences listed below:













## ART

Art 10/20/30 (5 credits each)


There is often a misconception that only those that are good at creating art should take it. Art is open to all students. In this course, students will learn the "tricks of the trade", and will learn by "doing". Good artists will improve their skills. Beginning artists will learn new skills.

The art program is primarily a studio-based program where art is created through a variety of media. Students will have the opportunity to explore visual expression and establish the groundwork for artistic skills. Students will learn how to critique and evaluate their work, and the work of past/present artists. Projects change due to the availability of supplies, time and class size constraints.

In class, students can expect to learn a variety of techniques related to the following :

- Learning about the elements and the principles of art and design
- Creating three-dimensional forms (clay, paper mache)
- Drawing: pencil, pencil crayon, ink, charcoal, oil and chalk pastels, crayons, etc.
- Painting: watercolor, acrylic, gouche, and oil
- Creating work for an Art Show and other community initiatives
- Printmaking (monotype, lino ...)
- and so MUCH more !!!!!!






## Cosmetology 10 /

20/30 CREDITS: 5+
Level: Introductory/Intermediate (10 level); Intermediate/Advanced (20 level) Prerequisite: None for $\mathbf{1 0}$ level; 10 for $\mathbf{2 0}$ level; 20 for $\mathbf{3 0}$ level.

Would you like to experiment with new hairstyles and create eye-catching nail art? In Cosmetology 10 and Cosmetology 20, students will perform basic manicures ( 10 level), do French manicures ( 20 level), and learn different nail art techniques (both levels) using rhinestones, paint, feathers, newspapers, and even water. Students will learn different hair designs and will work on mannequins to create various types of long hair updos involving roping, knotting, and braiding techniques which could appear on the runway or for a special occasion. At the 20 level, students will learn more advanced roping, knotting, and braiding techniques for long hair updos and half-dos which could appear on the red carpet, on the grad stage, or down the wedding aisle! Styling tools like curling irons, blow dryers, hot rollers, and flat irons will be used in the 20 level hair designs. Students will create instructional Youtube videos modeling the best techniques for hair design. Students will complete five-six modules at the introductory/ intermediate levels for Costmetology 10 and five-six modules at the intermediate/advanced levels for Cosmetolgy 20.

|  | Cosmetology 10 |
| :--- | :--- |
| COS1010 | Personal and Professional Practices |
| COS1020 | Long Hair Design 1 |
| COS2010 | Long Hair Design 2 |
| CCS3050 | Supporting Positive Behavior |
| EST1070 | Manicuring 1 |
| EST2090 | Nail Art |
| EST1920 | EST Project A |


|  | Cosmetology 20 |
| :--- | :--- |
| COS3020 | Long Hair Design 3 |
| EST2070 | Manicuring 2 |
| EST3070 | EST Project B |
| COS2910 | COS Project B |
| EST3070 | Manicuring 3-Client Services |
| EST3075 | Pedicuring |
| COS3020 | Manicuring and Pedicuring-Client <br> Services |




Dance 15/25/35

This dance class will provide opportunities for students who would like to pursue dance beyond the Alberta Physical Education Program of Studies. It also offers students the opportunity to study dance as an integral part of fine and performing arts programs. This course series is intended to provide students with the foundations of dance. It is designed to foster in students an understanding and appreciation of, curiosity about, and a lifelong interest in dance. It is also designed to expose learners to a broad range of artistic and aesthetic experiences from a variety of dance genres and traditions.
In Dance 15-25-35, students will have the opportunity to develop:

- physical, social and emotional skills;
- technical proficiency;
- contemporary and historical appreciation; and
- positive self-concepts





## Esthetics 10/20/30

Credits: 5+
Level: Introductory/Intermediate (10 level) Intermediate/Advanced (20 level)
Prerequisite: None for 10 level; 10 for 20 level

Esthetics 10 and Esthetics 20 courses are being offered at the EPC X-Pressions Style Studio where you will learn how to look your best. In Esthetics 10, students will develop their knowledge and skills related to personal and professional grooming practices. Students will also learn about the basic structures and functions of the skin, how to care for and improve the appearance of their skin, and perform facial services (cleansing, toning, exfoliating, moisturizing). Makeup application techniques will be taught and performed through demonstrations and hands-on experience. In Esthetics 20, there will be an introduction to basic theatrical makeup techniques, products, and tools used to create specific looks for the stage. Students will apply their previous learning of skin-care practices and makeup application on themselves and clients in order to perfect those skills while learning new techniques. Students will also design, select and apply make-up to create mages of selected characters and to enhance personal appearances for theatrical purposes. The last two modules will focus on the principles and philosophies of spa culture as it relates to well-being (analyzing spa therapies in ancient and modern societies and their benefits), and analyzing/critiquing adornments as identifiers of one's culture including identity, status, religion, and fashion.

| Esthetics 10 |  | Esthetics 20 |  |
| :--- | :--- | :--- | :--- |
| COS1010: | Personal and Professional Practices | EST2030: | Facials |
| EST1020: | Skin Care Practices | EST2035: | Facials: Client Services |
| EST1025: | Client Services: Skin Care Practices | EST1140: | Theatrical Makeup 1 |
| EST2050: | Makeup | EST2140: | Theatrical Makeup 2 |
| EST2055: | Makeup: Client Services | EST3010: | Spa Awareness |
| CCS3050: | Supporting Positive Behavior | EST3910: | EST Project D |
| EST2920: | EST3060: | Body Adornment |  |




Are you interested in exploring alternate realities, future civilizations, new planets, or unusual creatures? Do you love reading stories/novels or viewing movies dealing with knights, dragons, superheroes, vampires, werewolves, or zombies? This five-credit senior high option has been designed for students who are interested in exploring various sub-genres of fantasy/science fiction in film and literature. Students may even have the opportunity to speak to a published author of a fantasy/science fiction novel series or the cast/crew/director of a major motion picture. Students in a 2017 class were able to interact with Thor and The Chronicles of Riddick Canadian actor, Colm Feore, on National Canadian Film Day! While exploring various fantasy/science fiction sub-genres, students will view, discuss, and do activities related to several films such as the following

The Avengers: Infinity War and other Avenger movies, Jumanji, Wonder Woman, Thor: Ragnarok, Guardians of the Galaxy, Logan, King Arthur: Legend of the Sword, Star Wars movies, The Lord of the Rings trilogy, Assassin's Creed, Mad Max: Fury Road, Sucker Punch, War for the Planet of the Apes and other Planet of the Apes movies, Captain America: Winter Soldier, Donnie Darko, District 9, Doctor Strange, 10 Cloverfield Lane, John Carter, Oblivion, Man of Steel, Jack the Giant Slayer, Chappie, 300, Interstellar, Fright Night, Divergent trilogy, Maleficent, Terminator, Pan's Labyrinth, The Lovely Bones, The Hunger Games movies, Avatar, Transformers movies, Abraham Lincoln Vampire Hunter, The Chronicles of Riddick, Ghostbusters, Underworld, Ginger Snaps, Resident Evil, Alien: Covenant and other Alien movies, 28 Days Later, 30 Days of Night, etc.
Besides viewing several films, students will also read a variety of fantasy and science fiction literature. Students will be evaluated on their engagement in class/group discussions, personal/creative/analytical responses, and projects (no exams or essays). Students will be given class time to read, view, discuss, and create (no homework unless classes are missed).





## Mechanics/Welding

These classes will help students develop knowledge, skills, and attitudes regarding the design, service, and repair of transportation sys tems and expand personal knowledge and appreciation of career opportunities related to the transportation industry.

## Mechanics 10

Credits: 1-6

## Prerequisite: NONE

Content: In Mechanics 1, through instruction, research and hands-on experiences; students have the opportunity to gain knowledge and skills on the design, maintenance and care of the automobile. It will also provide insight into possible rewarding careers in the industry.

## Mechanics 20,30

Credits: 5

## Prerequisites: Mechanics 10

Content: Mechanics 20 \& 30 is an advanced vocational class dealing with the diagnosis and repair of the automobile. Mechanics 20 \& 30 is a practical, hands-on class which is best suited to students with an interest in pursuing a career in the trade or in completing major automotive repairs on their own vehicles. These are examples of potential credits/modules.

| Mechanics 20 | Mechanics 30 |
| :--- | :--- |
| MEC 1040: Engine Fundamentals | MEC2130 Drive Trains |
| MEC 2150 Suspension Systems | MEC2140 Transmissions/Transaxles |
| MEC 2010 Vehicle Detailing | MEC2160 Steering Systems |
| MEC2040 Fuel \& Exhaust | MEC3020 Vehicle Value Appraisal |
| MEC2070 Emission Controls | MEC3030 Engine Diagnosis |
| MEC2090 Power Assist Accessories | MEC3040 Engine Tune-Up |
| MEC2110 Braking Systems | MEC3050 Engine Replacement |
| MEC2120 Hydraulic Accessories | MEC3060 Engine Reconditioning 1 |




## General Music 10/20/30

5 credits
General music covers a wide variety of musical experiences that address critical thinking skills and build an awareness of music in our society.
Students will facilitate learning in the classroom setting in areas such as program music, composers, history of rock, theater, movie music and much much more. We also have some instruments in the music program, which allow every student to play an instrument in general music class.




## Videography and Photography <br> 5 credits



## Video Production and Motion Picture Effects

The Video Production course is an opportunity to study pre-production, production and post production elements of film. This year we will be using Adobe Youth Voices as a catalyst for our work. More importantly we will workshop the process of developing stories and films with meaning and substance. Students will also look at the theory and skills necessary to produce creative, artistic and of course, meaningful digital projects using industry standard software from Adobe. Throughout the term students will be able to access lessons, videos and other pertinent information through the class blog, twitter feed and youtube channel.

## Photography

Photography is an opportunity for students to immerse themselves in a unique learning environment. Unlike most conventional classes, students enrolled in this course will have the opportunity to create products that are both creative and technical in nature. In this course we will study exposure, composition, raster graphics, darkroom techniques, colour, black and white, studio, outdoor and photographic communication.

Students will also look at the theory and skills necessary to produce creative, artistic and of course, meaningful digital projects using industry standard software from Adobe. We will start off the year with some prerequisite assignments and a prerequisite course. Once we cover the basics we'll take a look at more specific applications in detail.
During this time students will learn the principals and theory behind the software, the design process, and you'll be able to create some great projects as well! Students will create a working portfolio and will be exposed to Studio photography for the first time this year. This will be an exciting opportunity for students to learn skills that will aid them in future endeavours and will ultimately help everyone become better photographers.



Yoga

YOGA 15/25/35
CREDITS: $5+$
Stress eating away at you? Are those hips always sore from sitting or that neck tight from texting? Come relieve some of your tension and learn about the ancient art of Yoga! In the Yoga options, students will experience the health benefits of yoga and develop their well-being and personal management skills - skills which will help them to balance school, work and other life priorities. Yoga is a holistic pursuit of wellness where students are encouraged to challenge their limits, both physically and psychologically. By experiencing these challenges, while learning in a supportive group setting, students will gain a better sense of identity, both as individuals and as active agents of a broader world.

Students will complete 5 credits in either Yoga 15, 25 or 35 with each section building skills, poses, and knowledge on the history of yoga, meditation, and self. Poses students may learn include but are not limited to:
-bridge (setu bandha sarvangasana)
-camel (ustrasana)
-cobra (bhujangasana)
-corpse (savasana)
-cow's head, arms only (gomukhasana)
-downward facing dog (adho mukha svanasana)
-extended side angle (utthita parsvakonasana)

- extended side stretch (parsvottanasana)
-fierce, lightning bolt (utkatasana)
-forward facing hero (adho mukha virasana)
-easy pose (sukhasana) garland, with heel support (malasana)
-gate (parighasana)
-half moon (ardha chandrasana)
-hero (virasana)
-mountain (tadasana)
-seated twist (bharadvajasana I)
-seated twist (marichyasana I)
-staff (dandasana)
-standing forward bend (uttanasana)
tree (vrksasana)
-triangle (utthita trikonasana)
-warrior I (virabhadrasana I)
-warrior II (virabhadrasana II)
-wide-leg forward bend (prasarita padottanasana)
-adept's pose (siddhasana)


| $1$ | Course Planner <br> Core Course Selection for upcoming grade 10 students |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | CORE Courses | Choices | Credits | Choice |
|  | ENGLISH |  |  |  |
|  | If your grade 9 LA mark is above 65\% | English 10-1 | 5 |  |
|  | If your grade 9 LA mark is below 65\% | English 10-2 | 5 |  |
|  | Knowledge \& Employability Program | English 10-4 | 5 |  |
|  | SOCIAL STUDIES |  |  |  |
|  | If your grade 9 Social mark is above 65\% | Social 10-1 | 5 |  |
|  | If your grade 9 Social mark is below 65\% | Social 10-2 | 5 |  |
|  | Knowledge \& Employability Program | Social10-4 | 5 |  |
|  | MATHEMATICS |  |  |  |
|  | If your grade 9 Math mark is above 65\% | Math 10-C | 5 |  |
|  | If your grade 9 Math mark is below 65\% | Math 10-3 | 5 |  |
|  | Knowledge \& Employability Program | Math 10-4 | 5 |  |
| - | SCIENCES |  |  |  |
|  | If your grade 9 Science mark is above 65\% | Science 10 | 5 |  |
|  | If your grade 9 Science mark is below 65\% | Science 14 | 5 |  |
|  | Knowledge \& Employability Program | Science 10-4 | 5 |  |
|  | PHYS.ED |  |  |  |
|  | Phys Ed 10 (3 credit flex block) | Phys Ed 10 | 3 |  |
|  | Phys Ed 10 (5 credit regular block) | Phys Ed 10 | 5 |  |
|  | CALM |  |  |  |
|  | CALM 20 | CALM 20 | 3 |  |

## PLEASE NOTE ALL GRADE 10 STUDENTS MUST ENROLL IN CALM



## Course Planner

| CORE Courses | Choices | Credits | Choice |
| :---: | :---: | :---: | :---: |
| ENGLISH |  |  |  |
| If your English 10-1 mark is above 65\% | English 20-1 | 5 |  |
| If your English 10-1 mark is below 65\% or you passed English 10-2 | English 20-2 | 5 |  |
| Knowledge \& Employability Program | English 20-4 | 5 |  |
| SOCIAL STUDIES |  |  |  |
| If your Social 10-1 mark is above 65\% | Social 20-1 | 5 |  |
| If your Social 10-1 mark is below 65\% or you passed Social 10-2 | Social 20-2 | 5 |  |
| Knowledge \& Employability Program | Social 20-4 | 5 |  |
| MATHEMATICS |  |  |  |
| If your Math 10C mark is above 65\% | Math 20-1 | 5 |  |
| If your Math 10C mark is above $50 \%$ but below 65\% | Math 20-2 | 5 |  |
| If your Math 10C mark is below 50\% or you passed Math 10-3 | Math 20-3 | 5 |  |
| Knowledge \& Employability Program | Math 20-4 | 5 |  |
| SCIENCES |  |  |  |
| If your Science 10 mark is above $50 \%$ you may choose any 20 level sciences. However it is recommended that you should have a minimum of $60 \%$ in Science 10. | Biology 20 | 5 |  |
|  | Chemistry 20 | 5 |  |
|  | Science 20 | 5 |  |
| It is recommended that students planning on taking physics have a minimum grade of $65 \%$ in math 10 C | Physics 20 | 5 |  |
| If your Science 14 mark is above 50\% | Science 24 | 5 |  |
| Knowledge \& Employability Program | Science 20-4 | 5 |  |

PLEASE NOTE ALL GRADE 11 must have one 20 level science and math course as a graduation requirement.


## Time Table Template

| Semester 1 |  | Semester 2 |  |
| :--- | :--- | :--- | :--- |
| Block 1 |  | Block 1 |  |
| Block 2 |  | Block 2 |  |
| Block 3 |  | Block 3 |  |
| Block 4 |  | Block 4 |  |
| Block 5 |  | Block 5 |  |

Each student will need a minimum of 4 cores (English, Math, Science and Social Studies). Grade 10's will need a time slot for both CALM and Phys.ed (either 3 or 5 credit)

The rest of your timetable may be filled with a combination of options (or core courses).

Sr. High students please remember to schedule in your lunch break.

## Graduation Checklist

## Edwin Parr

What You Can Find on the EPC Website:
Our site carries information including staff email links, links to specific course websites, the school calendar, School Counci information, grad information, lots of information regarding the diverse programs offered at EPC, post-secondary information including links to the University of Alberta, Grant MacEwan, and NAIT; as well as Scholarship information. There is so much more check us out at: www.aspenview.org/epc

Aspen View Regional Division
Our division website has up-to-date information about what is going on in Athabasca and around the Aspen View region. You can find the division website at: www. aspenview.org/do

Education Sites
http://education.alberta.ca
http://www.alis.gov.ab.ca
http://www.aucc.ca/can uni/our universities/index e.html
http://www.campusstarter.com/
Scholarships, Bursaries and Loans
http://alis.alberta.ca/scholarships
http://oncampus.mcleans/scholarships
http://studentaid. alberta.ca/scholarships/rutherford-scholarship/
http:///Studentscholarships.org/albertabook.php
www. studentscholarships.org
www.albertascholarships.ca
www.ammsa.com
www.nursingscholarships.ca
www.nupge.ca/scholarships
www.engineeringscholarships.ca www.listofscholarships.ca
www.millenniumscholarship.ca www.hrdc-drhc. gc.ca/student_Ioans/


## Grade 7 Complementary Courses

Students will have the opportunity to develop and explore their budding creativity in a relaxing, welcoming and calm environment. Students will be able to develop their creativity skills that will propel them to be more successful when they reach the high school level. It is designed to inspire a love for art, creativity, exploring your personal expression and the basics of art.

Drama
Junior High Drama builds the foundational skills in acting, rehearsal and performance in a group based setting. Students will participate in energizing activities, improvisational scenarios and performances. They will have the opportunity to work with puppets, star in their own melodrama and perform for outside audiences.

Health Health and life skills involves learning about the habits, behaviors, interactions and decisions related to healthy daily living and planning for the future. It is personal in nature and involves abilities based on a body of knowledge and practice that builds on personal values and beliefs within the context of family, school and community.
Outdoor Education In grade 7 outdoor education, students will gain basic knowledge, skills and attitudes necessary for safe and comfortable outdoor experiences. These activities will include the opportunity to receive their Hunter's Education Certification, participate in shelter building, make Para cord bracelets, do basic first aid and go on seasonal field trips. This course prepares students for Outdoor Education 8/9.

Science with Cielen Students will have the chance to explore enrichment science topics. The possibilities could include but are not limited to: stem projects, research projects, challenges, enrichment on classroom based topics.

## Typing

Videography
Aimed at teaching students how to type to enhance speed and accuracy while using the "home row" as a guide.
This video making course is for students who want to add video to their skillset. Step-bystep, you will learn to plan and write a script, to capture dynamic video and audio in the moment and to edit your work.


## Grade 8/9 Complementary Courses

Students will have the opportunity to develop and explore their budding creativity in a relaxing, welcoming and calm environment. Students will be able to develop their creativity skills that will propel them to be more successful when they reach the high school level. It is designed to inspire a love for art, creativity, exploring your personal expression and the basics of art.

This course is an introduction to Cosmetology and a prelude to the senior high courses. It focuses on the fundamental basics of hair braiding and hair styling/parting. Students are also introduced to basic make-up and nail art techniques.

Junior High Drama builds the foundational skills in acting, rehearsal and performance in a

Drama

Film

Health group based setting. Students will participate in energizing activities, improvisational scenarios and performances. They will have the opportunity to work with puppets, star in their own melodrama and perform for outside audiences.

This course is intended as a journey through the world of film. It is a sampling of the thought and accumulated critical opinion that forms the basis of modern filmmaking - as art or culturally important dramatic work. If you love film, then this course will help you learn more about film analysis, film reviews and discussions, period genres and movements in film style, and more. It will provide you an informed opinion that will hopefully make your enjoyment of the film medium deeper.

Health and life skills involves learning about the habits, behaviors, interactions and decisions related to healthy daily living and planning for the future. It is personal in nature and involves abilities based on a body of knowledge and practice that builds on personal values and beliefs within the context of family, school and community.


Hockey Academy

Industrial Arts

## Music

Outdoor Education

Swim

The hockey skills based program is an option for students in grade 8 and 9 . Students will benefit not only from increased on-ice instruction in individual skills but also from off-ice training specifically designed for hockey. The on-ice portion is designed around the 5 skills of skating, puck control, passing, shooting and checking. *students should have adequate skating skills before enrolling. There will be a cost recovery for this course.

8/9 construction is designed with the intention of preparing students for the senior high construction courses at EPC. Students can expect to begin the year working on developing safe practices, drafting, sketching, measuring and designing. Students will also develop a familiarity with wood as a construction material, tools specific to woodworking and related technologies. Students will have an opportunity to demonstrate their acquired knowledge and skills through a variety of hands-on grade specific projects.

Junior High Music builds the foundational skills in theory, instrumentation and performances. Students will develop skills in rhythm, music notation, rehearsal and performance practice. They will have the opportunity to explore genres such as RAP, Stomp, voice, piano, ukulele and so much more.
students will continue to hone their survival skills, environmental stewardship, and exploration of outdoor recreation. Students take part in a variety of hands on activities, both indoors and out; including a field trip to open water in the warm months, or Ice fishing in the cold months.
Students will be introduced to opportunities for health and wellness in aquatic sports. This could include: underwater hockey, water polo, competitive diving, synchronized swimming, aqua fit, Scuba/Skin diving, lifeguarding sport, boating, surfing/boogie boarding, and stroke improvement. Students will focus on positive teambuilding and skill acquisition for foundational swim sport. For an optimal experience, students should be comfortable putting their face in the water and be able to swim 25 m (1 length of the pool) unassisted.

